



Local Offer Guide

Spring 2022 2nd Edition

Find services, organisations, advice & support for children and young people with Special Educational Needs & Disabilities

Activities
 Help
 Support Services
 Advice

Web: www.sendvoiceswokingham.org.uk
Email: info@sendvoiceswokingham.org.uk
Facebook: SendVoicesWokingham

www.sendvoiceswokingham.org.uk info@sendvoiceswokingham.org.uk



Dear Parent Carer

For a second year SEND Voices Wokingham have not been able to hold our Local Offer Live Family Information Day, which we run annually in partnership with the Wokingham Borough Council CAN (Children with Additional Needs) Network. However, we have been very fortunate to secure funding from the Pears Foundation so that we could update our Local Offer Guide for 2022 to include more and updated information.

Although not an exhaustive list, this guide gives you information about some of the organisations and services locally that can provide activities, help, information and support to you and your child aged 0-25 years with any Special Educational Need or Disability in the Wokingham Borough.

Again, a big thank you to all the local groups and services who have provided information to go in this guide. The information provided is correct of February 2022. Please ensure you check individual groups websites for the most up-to-date information.

Thank you as well to Pam Breslin and the team at the CAN Network who we have worked in partnership with to send this guide to you.

We really hope that it will not be too long before we can meet in person again.

The SEND Voices Wokingham Committee

Sarah, Debbie, Aleca, Jacky, Kathy, Judith, Terri & Lynn



















The independent voice of families, representing their experiences to improve lives

What do we do?

We give a voice to families who have a child or young person aged 0-25 years with any Special Educational Need or Disability (SEND). We work in partnership with education, health, social care, and other service providers to make sure the services they commission meet the needs of children and young people with SEND in Wokingham. We represent parent carers experiences, views, and priorities.

How do we do this?

By listening to our members and as many parent carer voices as we can, from across the Wokingham Borough. We do this through:

- EventsTraining courses
- Consultations & surveysInformation sharing

Join us, become a member – It's FREE

To become a member of SEND Voices Wokingham email your contact details to info@sendvoiceswokingham.org.uk

More details can be found on our website www.sendvoiceswokingham.org.uk and on Facebook SendVoicesWokingham

We are currently able to offer all our members a FREE Max Card.

The Max Card is the UK's leading discount card for families of children with additional needs age 0-25. Families can use their Max Card at venues across the UK to get free or discounted admission.



for children and young people with special educational needs and disabilities



The Local Offer website tells you about:

- Education, Health & Care plans (EHCPs) and assessments
- Employment and training
- Family support
- Health services
- Housing and independent living
- Leisure activities
- Money matters
- Short breaks
- Social care
- Specialist equipment
- Support in school
- Transport

The Wokingham Borough Local Offer: www.wokingham.gov.uk/lo

Provide feedback via the Local Offer survey:

www.wokingham.gov.uk/lo-survey





Wokingham Special Educational Needs and Disabilities Information, Advice and Support Service

Does your child have special educational needs and/or disabilities?

Are you worried about their progress at school?

We provide free, confidential and <u>impartial</u> information, advice and support relating to all aspects of SEN and Disabilities, including Health, Social Care, and Personal Budgets.

We can support you in many different ways:

By phone ● Email ● Face to face ● Attending meetings

Providing training sessions for parents

We can support you from when you first have concerns that your child may have SEND through to requesting and maintaining an Education, Health and Care Plan

HELPLINE: 0118 908 8233

Wokingham SENDIASS
Wokingham Youth Centre
35 Reading Road
Wokingham
RG41 1EG

E-mail: <u>Sendiass@wokingham.gov.uk</u>
Website: www.sendiasswokingham.org.uk



ASD Family Help

We are a 'User Led' independent and voluntary group created by parents/carers in 2005.

We offer support, advice and activities for autistic individuals and/or those with other learning disabilities or difficulties.

(Plus their parents/carers, siblings or professionals within Wokingham, West Berkshire & Pembrokeshire).

Our services/events are open to all—no diagnosis required.

Connecting

- Parent Carer/Coffee mornings, Family Sessions, Adult Social Group
 Being Active
- Martial Arts, Teen Club (12+), Days out, Weekends Away & Special Events
- Supporting Each Other
 Help form filling (DLA/PIP/EHCP), signposting to other services

Learning

• Family Matters Course, Workshops for parents/carers, Teen Life Skills

Staff, Volunteers & Adult Support Manager jayne@asdfamilyhelp.org

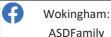
Children & Families Activities Project Manager rachael@asdfamilyhelp.org

Jayne 07733 601755

Jayne.asdfamily

Rachael 07542 766953

Rachael.asdfamily



West Berks:
ASDFamilyWestBerks

Pembrokeshire:
ASDFamilyPembs







Private online support group: www.facebook.com/groups/asdfh















Support from Autism Berkshire for Parents and Carers

in Wokingham

Autism Berkshire provides a wide range of advice and support services for parents and carers and their families in the Wokingham Borough Council area.

A number of these are provided through the Berkshire West Autism & ADHD Support Service. This is a partnership between Autism Berkshire and Parenting Special Children, working on behalf of the Berkshire West NHS Clinical Commissioning Group to support families of children and young people who have a diagnosis of autism and/or ADHD or are on the Berkshire CAMHS waiting lists for assessment.

Support available includes:

- Helpline
- Home Visits
- Autism advice workshops and courses for parents and carers
- Social skills and independent living courses for autistic adults
 - Benefits Advice
 - Berkshire Autism Alert Card
 - Family Fun Days
 - Youth Groups
 - Trampolining for autistic children and young people
 - Social groups for autistic adults

For more information about all our services:
Call us: 01189 594 594 | Email: contact@autismberkshire.org.uk





Helpline: 01189 594 594 F www.autismberkshire.org.uk

Wokingham Borough's Mixed Ability rugby team, The Berkshire Brigands based at Reading Rugby Football Club, are excited to find new players to join their fabulous family.





The Berkshire Brigands are a Mixed Ability rugby team based at Reading RFC, within Wokingham Borough. Based on the core values of rugby, the Brigands are a community team welcoming players with learning disabilities, autism and other barriers, and those without, from 17 years and above.



Mixed ability rugby allows people traditionally thought to have barriers to playing the game, to play alongside experienced players enabling all to enjoy great rugby played for the joy of the game. Berkshire Brigands are just like any other team and being based at Reading Rugby Club they enjoy all the social benefits of being part of the club.



If you happen to have some form of disability or barrier but want to play regular rugby, then you are more than welcome... there's always room in the Brigands family for new friends

Training takes place twice a week on Thursdays (6.30 – 8pm) and Saturdays (11am – 12.30pm) at Reading Rugby Club, Holme Park, Sonning.























Berkshire Deaf Children's Society are a registered charity run by parents of deaf children and our main aim is to give help and support to deaf and hearing-impaired infants, children, and their families.

Membership is free and anyone can be part of the group, regardless of the level or type of their child's hearing loss and methods of communication.

We have a full diary of great outings and events and meet throughout the year. The aim of the events is to help families meet up with each other in an informal setting and to provide support and advice. It is also an opportunity for deaf children to meet other deaf children and for them to meet deaf role models.

We also fundraise so we can organise regular social activities throughout the year.

We are affiliated to the NDCS (National Deaf Children's Society) which allows us to make use of their resources, information, and experience.

For more information please visit our website www.berkshiredcs.org or email enquiries@berkshiredcs.org





Providing holistic support to children & adults with sight loss, helping to boost self-esteem with emotional support, social clubs, home visits & sport.

Children, Young People and Families – benefit from the support we provide, getting involved in activities adapted to meet each young person's needs and having the opportunities to develop friendships with other visually impaired young people. Our activities are run throughout the year, but particularly in the school holidays to offer families the opportunities for quality time together, for respite or to meet up and enjoy some time with others in similar situations. Previous activities have included football skills, cooking, craft, tennis, footgolf, visits to Beale Park and to the seaside. Future events planned include Blind football sessions at Reading Football Academy, going to a local pantomime, visiting a museum, an indoor climbing centre lesson, trampolining and swimming.

18-35's Social Group - meet on a regular basis to spend quality time together and take part in activities of their choosing. The aim of this group is to bring together visually impaired young adults, to encourage their independence and build confidence, to support their transition into adulthood. Previous activities have included a visit to the Escape Room, pub lunches, pottery sessions, a barbeque and chocolate making.

Membership of Berkshire Vision in 2021 and 2022 is free.

To find out more information contact:

Carol Barnfather

Children, Young People and Families Worker Berkshire Vision

5 Midleton House

Erleigh Road

Reading, RG1 5LR

Tel: 0118 987 2803

Fmail:

children@berkshirevision.org.uk

www.berkshirevision.org.uk

www.facebook.com/BerkshireVision/ www.twitter.com/berkshirevision www.instagram.com/berkshirevision/

Established in 1910, Berkshire Vision is the working name of Berkshire County Blind Society which is a registered charity limited by guarantee no. 07977903, registered in England and Wales. Registered charity no. 1146413



Building for the Future runs a specialist play centre for children and young people with disabilities and their families which is completely accessible. There are many fun areas to enjoy including a sensory room, soft play, a computer area, play areas and more. 'Our House', based just outside Wokingham, also runs Saturday Clubs, a Youth Club, Stay and Play sessions during the school holidays, a playgroup for under 5s and more. We also offer the space for private parties. Please contact Julie on julie@bftf.org.uk for more information. Tel: 07771 870223



Building for the Future Plus is a new service run by longstanding charity, Building for the Future. 'Plus' works to source life-fulfilling opportunities for young people with disabilities who have left school or college. These opportunities may relate to socialising, work experience, expressive arts and sport. If you would like to find out more, please contact Jane on jane@bftf.org.uk. Tel: 07967 105842

www. bftf.org.uk



Camp Mohawk

The Woodland Centre Trust

For children and young people with special needs

Camp Mohawk is a day centre for children with special needs and their families, set in 5 acres of beautiful countryside, just outside Wargrave, Berkshire. Throughout the year the centre provides a range of activities, facilities and natural space to encourage children with a variety of special needs to play, socialise and learn in a secure and caring environment. Our facilities include adventure playgrounds, swings, sensory garden, play village, soft play and sensory rooms, art / craft room, music room, play lounge and, in the summer months, an outdoor, heated play pool. All this is set in approximately 5 acres of natural woodland.

What we offer:

- Family Days in school holidays and occasionally at weekends - children / young people need to be accompanied by a parent / carer but we have a team of staff and volunteers on hand to provide support and assistance
- Short Breaks activities for children / young people aged 8 to 25 who have High Functioning Autism / Asperger's Syndrome
- **Special events** including sensory sensitive fireworks displays and Christmas parties
- Group sessions / days for SEND support groups, schools and groups of families





Registration is mandatory for all services and advance booking is usually required. Fees / charges for families are all voluntary but contributions from our service users are an important source of income so we do have suggested contribution levels. Please visit our website or get in touch for more information:

> Web: www.campmohawk.org.uk Email: info@campmohawk.org.uk Tel: 0118 940 4045

THE WOODLAND CENTRE TRUST, Highfield Lane, Crazies Hill, Wargrave, Berks. RG10 8PU. Registered Charity No. 278681



Chance to Dance Stars CIC is a dance school for children and adults within the disabled community.

Chance to Dance run dance sessions at Calcot in Reading and Martins Heron in Bracknell, including an inclusive wheelchair class and a sensory dance and movement class. The Chance to Dance team enable children and young people to gain access to performing arts and multi sports.



Chance to Dance also provide:

- Activity Days which give students the opportunity to try out a new sport with amazing teachers
- A Dance and Activity Summer Camp. Families get respite care while their children enjoy a week of activities including dance, drama, singing, arts & crafts, and zumba
- An annual showcase where the students get experience performing in front of an audience, with full make-up, costumes, professional sound, and lighting

For more information contact: Victoria Andrews (Founder) Telephone: 0773 634 3570 Email: sendanceclub@hotmail.com Website: www.sendanceclub.co.uk

Facebook: @C2DStars



A Charity Supporting Adults with Learning Disabilities to Speak Up

Our aim: CLASP is a self advocacy charity for people with learning disabilities. Self advocacy is when you speak up about the things that are important to you. CLASP helps people with learning disabilities to do this and to have the same opportunities and choices as everyone else.

Who we work with: We support adults with learning disabilities (age 18+) living in the Wokingham borough.

What do we do:

- ✓ We run a range of projects that encourage people with learning disabilities to get actively involved in their local community, including a weekly coffee shop and an inclusive choir.
- ✓ We run groups that aim to make a real difference in our local community, including our campaigning group Take Notice and our award-winning training group 'Listen To Us'.
- ✓ We provide one to one support, information, advice and signposting.
- ✓ We run the Wokingham Learning Disability Partnership Board a network for the learning disability community that aims to break down barriers and enable positive outcomes for people with learning disabilities and their families.

Plus lots more!

For more information, please visit our website: www.wokinghamclasp.org.uk



CLASP Wokingham



@CLASPWokingham



@CLASPWokingham

Contact us by:

Tel: 0118 979 6364 **Mobile**: 07780 749 453

Email: admin@claspwokingham.org.uk



Registered Charity Number: 1122254 Registered in England and Wales as a Company Limited by Guarantee number: 6034599



Helping you find support in your community

Did you know that 20% of GP appointments are spent dealing with non-medica problems?

Could you benefit from finding services, information or advice to support you to improve your general health and wellbeing, or reduce feelings of isolation?

The Community Navigation Scheme is a local signposting project which has been set up to help people find social or physical activities in the community.

The service is free for Wokingham Borough residents and/or for people registered with a Wokingham Borough GP surgery. You can access the service via an online referral or by giving us a call. Our Community Navigation Officers have time to talk through possible services, help you access hard to find information and know what's available to help you.



For further information or to make a referral, please get in touch:

community.navigation@nhs.net



involve.community/community-navigation







Clinical Commissioning Group

Community Navigator Service is co-ordinated by involve. involve Community Services is a registered charity (1061373) and company limited by guarantee (3332555)



SUPPORTING FAMILIES IN WOKINGHAM

Dingley's Promise supports children in the Early Years with Special Educational Needs & Disabilities (SEND) to achieve their full potential.

From our specialist Early Years centre in Wokingham, we deliver life changing support to children under 5 with SEND, and their families. We aim to develop greater inclusion, enable more children to access mainstream settings and ensure every child transitions into the best educational setting for them.



Our Wokingham Centre offers:

- Learning Through Play: stimulating and structured sessions tailored on the individual learning and development needs of each child. Term time only.
- Inclusive Holiday Play-schemes sessions for children with SEND, and their siblings, outside of term time.
- An environment that is accessible to all.
- A friendly team of experienced staff and volunteers.

Sessions are subject to availability and must be pre-booked.

Our Wokingham Family Support Offer includes:

- 1:1 support and advice to families.
- Online and in person information sessions.
- Stay and Play activity sessions for children and parents/carers.
- Access to home learning resources and advice via our website and youtube channel.
- A Parent Support Group community on Facebook.

Contact our Wokingham Family Support Team

Phone: 01189771234 Email: admin.wokingham@dingley.org.uk



Dingley's Promise is the working name of Dingley Family and Specialist Early Years Centres, a company limited by guarantee and a registered charity.

Company Registered in England and Wales No. 07279320. Registered Charity No. 1137609.

Registered Office: Kennet Walk Community Centre, Kennet Walk off Kenavon Drive, Reading, Berkshire, RG1 3GD





Wokingham Borough Council Explorers Extreme

The club meets each Thursday night from 7.30pm – 9.30pm. Each August we hold a summer fun day. Alongside the Thursday nights and the summer fun day we also offer 2 trips away each year. The first is in October half term where we take the group somewhere in this country for 3 days and 2 nights. In the past we have visited places such as, the Eden Project, York, Alton Towers, London etc. Our next offsite trip is in February half term where we take the group somewhere further afield for 5 days, 4 nights. So far we have visited places such as, Belgium, Holland, Germany and France. (Due to COVID we will be staying with in the UK for the foreseeable future).

When away we have sole occupancy of hotels, and a regular couch company and driver.

All staff both paid and volunteers undertake all mandatory training such as Safeguarding, Data protection, health and safety etc. All staff and volunteers are DBS checked and references taken

The disabilities we will accept in the club are vast as at this time we have from Autism (from high functioning to more dependent on staff), downs syndrome, global delay, cerebral palsy, right through to two young ladies that are both mentally and physically disabled in wheelchairs.

We do not say no to any disability our main criteria is looking at how much staff involvement is needed i.e. 1-1 or if they just need supervising and assisting in a group. If they need 1-1 support then we may have to put them on a waiting list due to staff ratios. We also have to look at the safety of our group and staff so those young people with a tendency for violence would not necessarily be acceptable.

The cost for this group is set each year for 21/22 it will be £180 this includes all trips, all Thursdays, etc the only money young people need on top of this amount is spending money when we are away. We are heavily subsidised at this time should this funding ever stop then the group would have to be re-looked at for what it could offer and the cost of activities etc. The ages are 14-25 however our prime enrolment age is 14-16 years.



For more information contact Kay Nicker

Email: Kay.nicker@wokingham.gov.uk





Fifi's Vision C.I.C. is a peer support group offering support help and advice, for families who have additional needs. Our activities include:

- Weekly coffee mornings where we have guest speakers, professionals, organisations and activities
- A member FaceBook group for parent carers to join and access to share their experiences
- Family dinner nights
- Days out
- Casual park meet ups
- Soft play sessions and sensory activities
- Annual information and fun day

We also provide zoom sessions, both one to one and groups, to support families.

For more information:

Email: fifisvision@gmail.com

Facebook: FIFI'S VISION C.I.C. SEND Support Group



healthwatch Wokingham Borough



What will Healthwatch Wokingham Borough do?

We will help people get the best out of their local health and social care services; whether it's improving them today or helping to shape them for tomorrow. Healthwatch Wokingham is about local voices, having their say, being listened to and being able to influence the delivery and design of local services.

Healthwatch Wokinghgam:

- provides people with information, advice and support about local health and social care services
- gathers the views and experiences of local people on the way services are delivered
- challenges service providers to improve services
- influences the way services are designed and delivered based on evidence from those who use services

Contact Us

Tel: 0118 418 1 418

Email: enquiries@healthwatchwokingham.co.uk

Website: www.healthwatchwokingham.co.uk

Facebook:/HealthwatchWokingham

Twitter:/HWwokingham





JUST AROUND THE CORNER (JAC) Ltd ENCOURAGING POSITIVE CHOICES

JAC (Just Around The Corner), is a Christian charity based near Wokingham in Berkshire, set in 15 acres of stunning English countryside. Founded in 1998, we are a unique centre providing personal learning, mentoring, and development therapies for children and young people aged 5-24 years old who are struggling with mental health difficulties, emotional, social and/or learning difficulties, disabilities, or who are having problems thriving in the school environment.



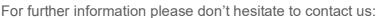
We offer a variety of different activities within our mentoring programmes depending on a young person's needs and interests.

Each young person meets with their mentor, who are all DBS checked, on a weekly basis, and depending on which mentoring stream they have chosen they will undertake activities together involving:



- Horses
- Small animals
- Pottery
- Arts & crafts
- Horticulture
- Carpentry
- Cookery
- Mechanics





Telephone: 0118 9441444 Email: office@jacoutreach.org Website: www.jacoutreach.org

Facebook: www.facebook.com/JAC-Just-Around-the-Corner
Registered office: 'Rehoboth', Forest Road, Wokingham, RG40 5QY
Registered Charity No: 1127691 Company Registration No: 6777752

We are proud to have been awarded the Queen's Award for Voluntary Services – this is the highest award and is the MBE for volunteer groups.





ARE YOU
NEURODIVERGENT
AGED 16 TO 24
LOOKING FOR
EMPLOYMENT

WWW.KIMELFOUNDATION.COM







Who do we support?

Me2 Club support children and teenagers aged 5 to 19 years old, living in the Wokingham and Reading Boroughs to take part in mainstream leisure activities.

The children we support have a range of additional needs including:

- ADHD
- Anxiety
- Autism
- Challenging behaviour
- Speech & Language issues

No formal diagnosis is required to receive our service, if they need a bit of extra support, we can help!



What do we offer?

We offer children with additional needs a matched volunteer buddy who goes along with them once a week to an activity of their choice. These activities could include; swimming lessons, gymnastics, uniform groups, sports clubs or drama. The cost of the activity is covered by parents/carers but support from a volunteer is free of charge to families.

We get to know each child and match them with a volunteer based on availability, activity location, personality, needs, experience and other factors. Once you have an activity set up or are waiting for a place you can register with us.

Please note we cannot support at groups which are set up specifically for additional needs. Activities must be mainstream sessions running Monday – Friday.

To complete our registration form and for more information visit our website

www.me2club.org.uk

nfo@me2club.org.uk / 0118 969 6369

Me2 Club, Unit 9, Indigo House, Fishponds Rd, Wokingham, Reading, RG41 2GY

Me2 Club is a registered Charitable Company limited by guarantee

Charity No: 1140812 Company No: 7557636



Specialist support to find employment, work experience, education and voluntary opportunities.

We know the journey into employment or training can be challenging. Our team can help you progress towards your employment goals. Ranked number two in the country, we work closely with local colleges, councils, businesses, training providers, and voluntary sector organisations.

Supported Employment is a flexible and continuous process, designed to help you to obtain or maintain your employment, we will:

- identify your strengths, areas for growth and build up your confidence
- teach you employability skills, how to complete job applications, write your CV and prepare for interviews
- help you identify and enrol on courses that will support you to meet your career aspirations

Not confident using public transport?

Our Ability Travel is a bespoke service which aims to improve the travelling capability of young people with Special Educational Needs and anyone who wants to become an independent traveller. (from age 13 upwards)

Not ready for work yet?

Try our Ace@Optalis course, which is designed to support learners with an Education, Health and Care Plan (EHCP). The course develops workplace skills, increases your confidence and supports the transition from college into sustained paid employment.

L0118 977 8600



employmentservice@optalis.org

Parantus Steam

Specialist support for Berkshire families who have

Children + Young People with Special Needs

"Invaluable specialist services, parenting programmes and support provided through insight and understanding and with compassion! Thank you."

WE OFFER

Parenting Courses & Workshops
Sleep Courses, Workshops & Clinics
Workshops for Practitioners
Diagnosis Support and Helpline
Looked After and Adopted Children Service
Family Events

CALL

0118 986 3532

ΕΜΔΙΙ

admin@parentingspecialchildren.co.uk

CONNECT

Parenting Special Children is a company limited by guarantee registered in England Number 7351094. Registered © Charity Number 1141172.



Promise Inclusion or Pinc is a user led and local, independent registered charity that works with children and adults with learning disabilities and/or autism, their parents, carers and families.

Our vision is to ensure that for those living with a learning or associated disability, every opportunity is maximised, providing support, fun and care for individuals, their families and dependants.

Our Family Liaison Team can offer practical and emotional support to carers on a one to one basis via phone, email, Zoom or home visit. We also offer respite activities for carers and information workshops.

Contact:

Simone: 07827 340408 (Wokingham

transition and adults)

Tracey: 07423 686965 (Wokingham

transition and adults)

Our Social Groups and Activities

for young people and adults with learning disabilities and autism, and for their siblings enable them to make friends, learn social skills, grow in confidence and most importantly have fun with their peers!

> Smiles for Sibs Youth Club@ Addington @ The Acorn Paul's Karaoke Gateway

Contact us

Tel: 0300 777 8539 or 07827 340405

E: admin@promiseinclusion.org
W: www.promiseinclusion.org

Volunteer 'MakeAbility' engineers design & build free equipment & gadgets for people with a disability or special need

Jake takes a step up

Meet Jake. He's just turned six and has a very rare condition known as RERE Syndrome, a difficult-to-diagnose genetic condition currently identified as affecting less than 30 people around the world.

Jake's low muscle tone means he can crawl but not yet walk. Now that he's a big lad - in age 10 clothes and weighing in at 30kg. - mum and dad were finding it a real problem to help him in and out of the bath. But things have just got a little easier for Jake and his parents as a volunteer 'MakeAbility' engineer from the charity Remap has designed and made him a bespoke set of specially-padded bathroom steps.

Said mum Rachel Green: "Jake cannot get in or out of the bath himself, but he is too mobile to qualify for a hoist. It was fine when he was smaller, but as he grew it became so difficult for us to lift him over the bath-side. Now that he has the steps he is able to get himself both in and out of the bath. They have made a real difference".



Jake's unique steps were built by Remap Berkshire's Phil Cartwright, who lives in **Wokingham**. He is a retired technical sales person who inherited an enthusiasm for practical projects from his father.

Phil joined the Remap Berkshire panel in 2019, alongside 25 like-minded volunteers who enjoy using their skills to create custom-made equipment and gadgets for people in the county who have disabilities or special needs and who cannot find anything suitable to buy. **This 'MakeAbility' service is entirely free**. Panel members have a wide variety of expertise between them, ranging from IT and electronics, to metalwork, carpentry and 3D-printing - the list is endless.

Remap

Working alongside professionals

Remap Berkshire volunteers engineers often work alongside health professionals like occupational therapists, physiotherapists, doctors or Special Educational Needs staff to make sure that the equipment provided safely meets individual situations. Remap Berkshire has assisted people in all age groups with a wide variety of issues. Some 'MakeAbility' projects are simple, others extremely challenging - all can make a real difference to

the recipient's quality of life. Each piece of equipment is tailor-

made to suit specific needs. There is no charge.

MakeAbility

A <u>free</u> service from the charity Remap, founded in 1965.

PLEASE ASK FOR A COPY
OF OUR INFO LEAFLET

Further information: Remap Berkshire can be contacted in complete confidence:

T: 07790 127123 E: berks.caseofficer@remapgroups.org.uk

If you would like a Remap Berkshire speaker to make a Zoom or in-person presentation To your Club, Group or healthcare team, please get in touch. There is no charge.

www.berkshire.remap.org.uk







Rose Buddies, Creative Support, Community Support Service

Rose Buddies provides support to adults, aged 17+, with a learning disability who live in the Wokingham Borough. Our members are low needs and receive none, or low, statutory support services.

We provide a warm and friendly environment where individuals are valued and supported to live as independently as possible.

It's free to be a member of Rose Buddies, but some costs do apply to our activities.

We provide:

- Information about what's going on in the local area
- Support with completing forms
- Referrals and signposting
- Support to respond to letters, make phone calls and appointments
- Support to choose courses and training
- Support to build positive friendships and peer support
- Social inclusion through partnership working with many other organisations
- A mixture of face-face and zoom sessions for our members
- Newsletters, competitions and social activities
- A Facebook page where we share information, photos and more. Find our page,
 "Rose Buddies, Creative Support", and give us a LIKE!

What we provide, Government guidelines permitting:

- Group activities, workshops and trips out.
- · Weekday daily community drop-ins.
- Support to find volunteering roles.

Contact Details

Rosebuddies@creativesupport.org.uk 0118 9799106

Rose Buddies Community Service

The Cornerstone, Norreys Avenue Wokingham RG40 1UE



www.creativesupport.co.uk

Opportunity, Choice and Wellbeing



A user-led community offering mutual support for local carers of children with additional needs

SEND Carers United is a local group covering the Wokingham borough and the surrounding area. We know that having a child who needs your support more than most can make you feel lonely; it's hard to know where to go and who can offer you support.

SEND Carers United offer mutual support to local parents/carers of children with additional needs regardless of whether they have a diagnosis. This is through:

- An online Facebook community: our online community offers a support network, freeing members from the isolation they may experience
- Social gatherings
- Signposting you in the right direction for further support from many amazing local organisations

To find out more about SEND Carers United and to become a member:

Email: admin@sendcarersunited.co.uk

Facebook: SEND Carers United

Website: www.sendcarersunited.co.uk









Dedicated to providing specialist support for disabled children and their families

Swings & Smiles is committed to improving the quality of life for disabled children and their families. We support the whole family through respite, clubs and play sessions at our centre, a sibling support service and a comprehensive outreach service. Get in touch if you'd like to find out more!

www.swingsandsmiles.co.uk 01635 285170 - office@swingsandsmiles.co.uk

Registered charity number 1120598



Thames Valley Adventure Playground provides a chance for children & adults with all types of special needs to enjoy the fun, freedom and friendship provided by the opportunity to play and share experiences in a safe adapted and stimulating environment. The 'Thames Valley Adventure Playground experience' is unique and offers a real lifeline to many families of children with special needs.

We offer

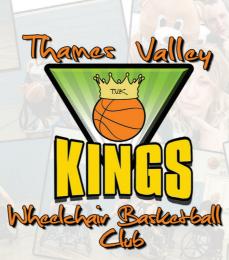
- a large range of outdoor and indoor activities
- respite breaks
- organises events
- workshops
- weekly clubs



It can be so isolating to have disability in the family so we provide a space where families can **ALL** have fun together.



Please contact us on 01628 628 599 or visit our website www.tvap.co.uk



BERKSHIRESOLDESTCOMPETITIVE WHEELCHAIRBASKEIBALLCUB

The emphasis of the sport is on fun, excitement, and inclusion!

We're an inclusive sports club that caters for players aged 8+

Offering access to social sport, team competition & individual player development.

You don't need to be a wheelchair user to play!

For more information please contact:



Jacqueline Scoins-Cass MBE



07775682987



info@berkshirewheelchairbasketball.co.uk



www.berkshirewheelchairbasketball.co.uk/join

CHECK US OUT ON SOCIAL MEDIA



Thames Valley Kings Wheelchair
Basketball Club



@TVKINGSWCBB



ThamesValleyKings_wbc



Thames Valley Kings Wheelchair Basketball Club











Thrive is the leading charity in the UK that uses gardening to bring about positive changes in the lives of people who are living with disabilities or ill health, or are isolated, disadvantaged, or vulnerable.

At our gardens near Reading, we support and work with a wide range of people aged 18+... people who have a physical or learning disability; people with mental health support needs; people who may have sensory loss or autism.

Thrive uses an approach called Social and Therapeutic Horticulture (STH), where trained horticultural therapists work with plants and people to improve an individual's physical and psychological health, communication and thinking skills.

Our horticultural therapists use the garden as a safe and secure environment in which to develop a person's ability to socialise, make friends and gain practical skills that make them more independent. The horticultural therapist will focus on each individual that comes to Thrive, building a set of activities aimed at improving their health needs to achieve goals identified by the client gardener, their family, carer or support worker.

For further information:

Email: trunkwell@thrive.org.uk

Telephone: **01189-884844**Website: **www.thrive.org.uk**



Registered as The Society for Horticultural Therapy

Charity No: 277570 Company No: 1415700



Wokingham Outreach Carers Service

Local office

14 Albury Close, Reading, Berkshire, RG30 1BD.



0118 324|7333 (9am-5pm, Monday-Friday)



berkshire@tuvida.org



Follow us @tuvidasupport

www.tuvida.org

Are you a carer?

If you are supporting a friend or relative under the age of 25 who fits at least one of the following descriptions, then you are a carer. They:

- Are physically disabled
- Have mental health issues

- Have a learning difficulty/disability
- Have a serious health condition

Helping you navigate the world of care

At TuVida, we know that each person and family face their own journey. We aim to work with people to understand what will make their lives better.

Through our carers hubs we provide confidential information, advice, guidance and support to unpaid carers. We also host events and activities where you can meet other carers, take a break, and/or learn new skills.

Our services include:

- Information, advice and guidance
- Emotional support
- Free access to local leisure, health and wellbeing facilities
- Assistance to access counselling services
- 'CarerSmart' benefits and discounts
- Access to carer grants

- Signposting to other organisations
- Access to carer support groups
- Access to carer breaks
- Free training and caring support
- Access to carer assessments
- Peer support

About Us

TuVida is a not-for-profit organisation, meaning that we invest any surpluses back into our services. We have over 30 years' experience in the care sector. You may have previously known us as a network partner of Crossroads Care, Carers Trust and/or Princess Royal Trust for Carers. Today, we operate as TuVida.



T.A.C.T An Autism-related community support group held at Twyford District Youth and Community Centre.

Every other Friday Term Time, 13:00 - 14:30pm, we hold a free Tea and Coffee drop-in community group. This is for parents/carers supporting someone, of any age, with Autism-related difficulties.





We also run a free 'Stay and Play' for children with Autism and their families. This is an opportunity for children to come together and be themselves in a non-judgemental space. Siblings are also welcome.

For more information, please contact us:



tact.twyford@outlook.com T.A.C.T Twyford Autistic Carers Together

Additional Needs Katakanuing



We offer additional needs sessions on Saturdays once every two weeks, to spend a peaceful hour on the water, exploring the River Thames.

The sessions cost £8 per participant, and £2 per carer attending with them. Sessions are bookable through our website. We also offer bespoke sessions for groups, as well as 1-1 sessions at a time to suit you, call or email us for more details.



wokinghamwatersidecentre.com office@wokinghamwatersidecentre.com | 0118 926 8280

WBC Special Educational Needs (SEND) Service

The Special Educational Needs (SEN) Service undertakes the Education Health and Care (EHC) needs assessment for children and young people between the ages of 0 - 25 years. It arranges the provision required to meet the needs identified in an EHC plan and is involved in organising the appropriate annual reviews of a child's progress. The annual review is the statutory process of looking at the needs and provision specified in an EHC Plan and deciding whether these need to change and must be held within 12 months of the EHC plan being finalised. Subsequent reviews must be held within 12 months of the previous review.

The Senior SEN Officers/Case Officers ensure that the EHCP assessment takes place in a timely fashion and within statutory timescales and are responsible for managing the assessment itself. This means they will liaise with parents, young people, and professionals, conduct the coproduction or planning meeting and draw up the plan. They will also be involved in the EHCP Annual Review process which may result in EHCPs remaining unchanged, being amended, or being ceased.

For further details of the SEN Service and how to apply for an EHC needs assessment can be found at:

https://www.wokingham.gov.uk/local-offer-for-0-25-year-olds-with-additional-needs/education-and-special-educational-needs/

Contact Details: Telephone: 0118 974 6216

Email:sen@wokingham.gov.uk

Opening hours: Monday - Friday 09:00 - 17:00

SENDIASS (Special educational needs and disability information advice and support service)

Offer free, confidential, impartial advice, guidance, and support on all aspects of the EHCP Assessment and Annual Review process.

Telephone: 0118 908 8233 Email: sendiass@wokingham.gov.uk



WBC Transition Team (Adult Social Care)

The Transition Team support young people from 14 years to 25 years on Education Health and Care Plans and their parents or carers to get the information, advice and support they need if moving from children's social care services to adult social care services.

Transition planning for social care will commence with a Transitions Worker attending the annual Education Health and Care Plan Review when the young person is 14 years old. They will work alongside the allocated Children's Social Care Social Worker focusing on Transition Planning. Their role at this stage will be to provide advice and information on an annual basis.

They can also offer information on where to find support to young people who may have received services as a child but may no longer be eligible for social care services once they are 18 years old.

The Transition Team work once they receive a referral. A Self Directed Assessment is completed by the 18th birthday of the young person.

Contact: Duty Email: TransitionsDuty@wokingham.gov.uk
Brokerage and Support Duty **Tel: 0118 974 6832** and ask to speak to the
Transitions duty person.

Transitions Team

The Transitions Team, Adult Social Care, Brokerage & Professional Support, Civic Offices, First Floor, Shute End, Wokingham. RG40 1BN

Find services, organisations, advice and support on preparing your young person for adulthood here: https://www.wokingham.gov.uk/local-offerfor-0-25-year-olds-with-additional-needs/becoming-an-adult/





WBC Children with Disabilities Service

The Children with Disabilities (CWD) service recognises that children and families will require different levels of support at different times. It aims to provide the right

support at the right time. Full details of all the services can be found in the Children with Disabilities Continuum of Need Document:

https://www.wokingham.gov.uk/local-offer-for-0-25-year-olds-with-additional-needs/health-and-social-care/social-care/assessments-for-children-with-a-disability/

1. Services for everyone (Universal Offer)

The Children with Additional Needs Network (CAN Network)

Offering information and support for children with additional needs, including signposting, regular newsletters and a CAN Card (for children with a formal diagnosis)

Tel: 0118 974 6897 Email: can.network@wokingham.gov.uk

Web: www.wokingham.gov.uk/lo

2. Additional Help (Targeted Services)

FIRST (Family Intervention, Resources and Support Team)

FIRST provide information, workshops, training and support around sleep, anxiety and behaviour for children with disabilities in the Wokingham Borough:

- Workshops anyone who is supporting a child with a disability and has an interest in sleep hygiene or behaviour management
- Formal sleep and behaviour programmes Parents of children with a disability, (or on the pathway for an autism assessment), aged 3-18
- 1:1 support Offered to families who require additional support following a FIRST formal sleep or behaviour programme

Tel: 0118 974 6000 Email: familybased@wokingham.gov.uk

Details of the range of courses offered by FIRST can be found here: https://directory.wokingham.gov.uk/kb5/wokingham/directory/service.page?id=xuJ8M237bPA

To attend a FIRST workshop or course:

Tel: 0118 974 6000 Email: First@wokingham.gov.uk



2.Additional Help (Targeted Services) cont.

Short Breaks & Early Help

This team will help with all aspects of Short Breaks & Respite care including information, assessments, early help & short breaks plans.

These services are available to:

- Children aged 0-18 years with a substantial and long-term disability, as identified by assessment and require help to prevent escalation to Social Work
- Children who live in the Wokingham Borough.
- Children that require short breaks assessment and/or review.

To find out if your child can access Short Break Services, to make a self-referral and to find more information about Short Breaks, including the Short Breaks Statement, please visit:

https://directory.wokingham.gov.uk/kb5/wokingham/directory/service.page?id=hoGa8A fK30

Completed Self-Referral forms for Short Breaks should be sent to Email: triage@wokingham.gov.uk. Or if unable to complete a Self-Referral, refer by phone, by contacting the MASH (Front door) on 0118 908 8002

To contact the Short Breaks team:

Tel: 0118 974 6881 or 0118 974 6890

Email: ShortBreaksCo-ordinator@wokingham.gov.uk

Saturday Club

This provides children with disabilities who require a higher level of support, the opportunity to attend a club that might not otherwise be available to them in the mainstream once per month (except August). The focus is on building friendships and undertaking a range of fun activities and experiences, whilst promoting independence, community safety skills and learning.

Tel: 0118 974 6000 Email: saturdayclub@wokingham.gov.uk



2. Additional Help (Targeted Services) cont.

Family Based Short Breaks Scheme

The Family Based Short Breaks Scheme provides regular short breaks for children with disabilities with approved Carers in the Carer's family home - including day care

and overnight stays and may also include activities with the child within the local community.

Referrals to Saturday Club and Family Based Short Breaks are made by Short Break Co-ordinators or Social Workers following the need being identified in an assessment

ASSIST (Autism Spectrum Service for Information Support and Training)

The ASSIST service work in a proactive, supportive, and preventative way with families and providers so that autistic children and young people living in the Wokingham Borough can be the best they can be.

The approach to intervention is holistic and directed by the needs of the individual and those around them. ASSIST provides:

- Information & support
- Training, supporting families pre- and post-diagnosis (National Autistic Society EarlyBird, EarlyBird Plus and Teen Life parent programmes).
- Autism specific workshops plus groups and other opportunities to meet up and network.
- Parent programmes and drop-in sessions available to those both pre and post diagnosis – no referral required!
- Focused support for families where there are particular difficulties for a child/young person who has an autism diagnosis is under 18 and live in the Wokingham Borough. Please contact us by email for further discussion about our criteria and referral process.

Email: assist@wokingham.gov.uk

More information here:

https://directory.wokingham.gov.uk/kb5/wokingham/directory/service.page?id=GjGnkwjmheI

3. Intensive & Specialist Services

Children with Disabilities Team (CWD Team) Social Work

The team provide statutory Social Work services to children from birth to 18 years who live in the

Wokingham Borough and have a severe or profound disability that is having a substantial and long-term negative effect on daily functioning. Social Workers undertake a Child and Family Assessment (CAFA) and use this to identify the needs of the child and develop a Child's Plan which may include Short Break Support. Social workers will support the child and their family to address the issues identified in the plan.

Occupational Therapy (OT)

The OT team provide services to children 0-18 years with a severe or profound disability living in Wokingham Borough to meet the child's ongoing needs, maintain the independence of the child and assist their carers provide safe and effective care in the family home. This may include assistive equipment, adaptations to the home, (which could include supporting rehousing applications), and advice on the use of different care techniques.

Referrals to the CWD Team for Social Work or OT support can be made by parents directly to the MASH (Front Door)

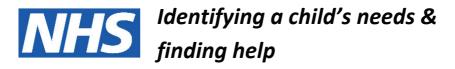
Tel: 0118 908 8002 Email: triage@wokingham.gov.uk

Bridges Resource Centre

Bridges is an Ofsted registered resource centre, providing short break care for children who have complex needs, or a learning and/or physical disability. The children who access Bridges require personal care, medication, behavioural support and support with learning and achievements. Up to five children aged 8-18 years can stay overnight.

Referrals to Saturday Club and Family Based Short Breaks are made by Short Break Co-ordinators or Social Workers following the need being identified in an assessment.

Tel:0118 969 5977 Email: csbridgesresource@wokingham.gov.uk Web:https://directory.wokingham.gov.uk/kb5/wokingham/directory/service.page?id=eqE9mU9Rt0Q



The information below aims to support early identification of needs and provide advice and signposting re next steps for parents and professionals.

You may find it helpful to think about the areas below if a child is:

- struggling to cope in their pre-school, nursery, or school
- there are concerns about their social and emotional well-being
- there are concerns about any areas of their development that are impacting on their access to education or day to day living

The links below will take you to some information on the Berkshire Healthcare Foundation Trust (BHFT) website about what to expect at different ages and stages, common issues, advice and strategies and information about how to refer to NHS services. It is recommended that this advice and guidance is followed and if concerns persist after the support has been put in place for the duration recommended, referrals are then made.

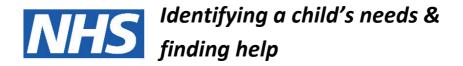
The websites links for support, advice and information on referral processes are:

Mental and Emotional Health e.g., anxiety, eating disorder, self-harm, trauma, autism, ADHD.

https://cypf.berkshirehealthcare.nhs.uk/support-and-advice/mental-and-emotional-health/

Communication & Hearing e.g., speech development, listening/attention, hearing problems, stammering, expressive language.

https://cypf.berkshirehealthcare.nhs.uk/support-and-advice/communication-and-hearing/



Developing Independence e.g., organisation, planning, paying attention and dressing skills.

https://cypf.berkshirehealthcare.nhs.uk/support-and-advice/developing-independence/

Gross Motor Skills e.g., standing, stepping, balance, coordination, planning movement.

https://cypf.berkshirehealthcare.nhs.uk/support-and-advice/gross-motor-skills/

Fine Motor Skills e.g., hand skills, manipulation, writing skills, visual perception

https://cypf.berkshirehealthcare.nhs.uk/support-and-advice/fine-motor-skills/

Introducing Solid Food. Support and advice can be accessed via the GP, Health Visitor or School Nurse and

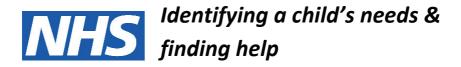
https://cypf.berkshirehealthcare.nhs.uk/support-and-advice/introducing-solid-food/

Toilet Training. Support and advice can be accessed via the GP, Health Visitor or School Nurse and

https://cypf.berkshirehealthcare.nhs.uk/support-and-advice/toilet-training-and-bedwetting/

Physical Health & Illness e.g., asthma, allergies, epilepsy, hearing, vision, healthy weight, general concerns about development or possible illness. Support and advice can be accessed via the GP, Health Visitor, School Nurse or

https://cypf.berkshirehealthcare.nhs.uk/support-and-advice/physical-health-and-illness/



Sensory Processing e.g., body awareness, body position, hearing touch and sight.

https://cypf.berkshirehealthcare.nhs.uk/support-and-advice/sensory-processing/

General concern about any aspect of development support and advice can be accessed via the GP, Health Visitor or School Nurse.

How to make a referral

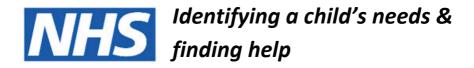
There are two main local health providers Berkshire Healthcare Foundation Trust (BHFT) & Royal Berkshire Foundation Trust (RBFT)

For Berkshire Healthcare Foundation Trust (BHFT) Children Young People & Families (CYPF)

Website: https://cypf.berkshirehealthcare.nhs.uk/

Anyone can contact our Triage line 0118 974 0506 for advice or information about how to refer. This number is manned on Mondays & Fridays 9.00-1.00 and Wednesdays 12.30-4.30. At other times, parents or professionals can leave a message and the Triage team will call back as soon as possible.

If a child does not meet our service criteria, we may signpost to another local service provider, such as the RBFT (below). The BHFT website includes clear information about which children can be seen by our service. Information about referrals and forms available here: https://cypf.berkshirehealthcare.nhs.uk/referrals/ or ring 0118 974 0506 or seek advice from the GP, school nurse or health visitor.



For Royal Berkshire Foundation Trust (RBFT)

Website: https://www.royalberkshire.nhs.uk

Parents/carers should see their child's GP if the child has an unmet physical health need or medical condition. If required, the GP may then decide to refer to a hospital paediatrician for further assessment or treatment.

RBFT Physiotherapy

We accept referrals for preschool children in Wokingham and Reading from RBH consultants (please refer through EPR), GPs and external consultants, and other therapists. We cannot accept self-referrals.

Referral criteria can be found on the website:

https://www.royalberkshire.nhs.uk/featured-services/children-young-people/children-s-physiotherapy/

RBFT Occupational Therapy

We accept referrals from RBH consultants (please refer through EPR), GPs and external consultants, and other therapists for children aged 0-18 in Reading, Wokingham, West Berkshire who **do not** have an EHCP (Education, Health, Care Plan). We cannot accept self-referrals or referrals directly from schools.

Referral criteria can be found on the website:

https://www.royalberkshire.nhs.uk/featured-services/children-young-people/children-s-occupational-therapy/





Autism Assessment Team
Erlegh House (Building 54)
University of Reading, Earley Gate
Whiteknights Road
Reading
Berks
RG6 6BZ
Tel: 0118 2070930 (option1)
https://CYPF.berkshirehealthcare.nhs.uk/

AUTISM ASSESSMENT TEAM

What do we do?

We provide an assessment service for children up to the age of 18 where there is a concern that a child/young person may have autism.

What will an autism assessment usually involve?

The assessment involves gathering information from parents/carers, school (if attending) and also through spending time with the child. The appointments may be in person or online. Whether or not an autism diagnosis is made, a report will be provided including information about further sources of support and recommendations for the child.

For more information about autism and how to refer

https://cypf.berkshirehealthcare.nhs.uk/support-and-advice/mental-and-emotional-health/autism/

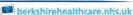
Pre and post assessment support

We are an assessment only service, however, the following organisations can provide information and support to parents/carers both pre- and post-assessment:

- National Autistic Society <u>www.autism.org.uk</u>
- Autism Berkshire http://www.autismberkshire.org.uk/
- Parenting Special Children https://www.parentingspecialchildren.co.uk/







CYPF ADHD Pathway
Erlegh House, Building 54
Earley Gate
Whiteknights Road
Reading
RG6 6BZ

Tel: 0118 207 0930 Option 4 and then option 2

What do we do?

We provide an assessment and treatment service for children up to the age of 18. where there is a concern that a child/young person may have ADHD.

What does an ADHD assessment usually involve?

The assessment involves gathering information from parents/carers, school (if attending) and through spending time with the child. We also offer a Qb test if appropriate. The appointments may be in person or online. Whether or not a diagnosis is made, a report will be provided including information about further sources of support.

For more information about ADHD and how to refer

www.berkshirehealthcare.nhs.uk https://cypf.berkshirehealthcare.nhs.uk/support-and-advice/mental-and-emotional-health/adhd/

Pre and post assessment support

We are an assessment and treatment service, the treatment we offer for ADHD is medication however, the following organisations can provide information and support to parents/carers both pre and post assessment:

https://www.parentingspecialchildren.co.uk/









The independent voice of families, representing their experiences to improve lives

- Events
- Training Courses
 - Max Cards
- Consultations & SurveysInformation

Tell us what is going well and what could be improved with SEND services in Wokingham Borough

Web: www.sendvoiceswokingham.org.uk Email: info@sendvoiceswokingham.org.uk Facebook: SendVoicesWokingham

Information in this publication correct at February 2022. Please check individual groups websites for the updates.